*All meetings are Open and In-person unless stated otherwise; Online virtual meetings available 24/7 @ na.org

SUNDAY

- **4:30PM 1HR Anonymous**, Royal Oak Presbyterian Church, 139 West Main Street, Marion, VA, 24354 **(O,D,H,NT)**
- **7:00PM 1HR End of the Road**, Covenant Presbyterian Church, 603 Sunset Drive, Johnson City, TN, 37604 **(O,D,H,NT)**
- 7:00PM 1HR Faith in Recovery, First Presbyterian Church, Lower level, rear of church, 274 Jones Street, Gate City, VA, 24251 (O,H,NT)
- **7:00PM 1HR Primary Purpose**, Asbury United Methodist Church, 201 S Main St., Greeneville, TN, 37743 **(O,NT)**
- **8:00PM 1HR Marion Survivors**, Royal Oak Presbyterian Church, 139 W. Main St., Marion, VA, 24354 **(O,H,NT)**

MONDAY

- 7:00PM 1HR Miracles Happen, First Presbyterian Church, 105 S. Boone St., Johnson City, TN, 37604 (O,IP,H,NT) Meeting entrance in rear of church, park inside gated lot
- 7:00PM 1HR Serenity Sisters, Boones Creek Christian Church, 305 Christian Church Rd., Boones Creek, TN, 37615 (O,W,H,SP,NT) Women's Meeting
- **7:00PM 1HR Surrender to Win**, Real Life Church, 1317 Weaver Pike, Bristol, TN, 37620 **(O,St,H,NT)**

TUESDAY

- **NOON 1HR Literature Study Group**, Asbury United Methodist Church, 2nd Floor, 201 S Main St, Greeneville, TN, 37743 **(O,LT,NT)**
- **NOON 1HR Noon Day with Jimmy K.**, Johnson City Recovery Center, Plenty of street parking, 513 East Unaka Avenue, Johnson City, TN, 37601 **(O,D,H,NT)**
- **7:00PM 1HR A New Way of Life**, Prospect Center, 1425 East Center Street, Kingsport, TN, 37664 **(O,H,NT)**

- **7:00PM 1HR Nothing to Fear**, By His Blood Ministries, 1104 Afton St, Johnson City, TN, 37601 **(O,D,H,NT)**
- **7:00PM 1HR Primary Purpose**, Asbury United Methodist Church, 201 S Main St., Greeneville, TN, 37743 **(O,NT)**
- 7:00PM 1HR Recovering Spirituality, First Presbyterian Church, 119 West F Street, Elizabethton, TN, 37643 (O,NS,LT,H)
- 8:00PM 1HR A New Day, St. Thomas Episcopal Church, 124 East Main Street, Abingdon, VA, 24210 (O,H,NT)

WEDNESDAY

- 8:00AM 1HR Rise and Shine Morning Meditation, Johnson City Recovery Center, Plenty of street parking, 513 East Unaka Avenue, Johnson City, TN, 37601 (O,D,ME,H,NT)
- **7:00PM 1HR End of the Road**, Covenant Presbyterian Church, 603 Sunset Drive, Johnson City, TN, 37604 **(O,CL,H,SP,NT)**
- 7:00PM 1HR Faith in Recovery, First Presbyterian Church, Lower level, rear of church, 274 Jones Street, Gate City, VA, 24251 (O,D,H,NT)
- **7:00PM 1HR Never Alone**, C.A.R.E. Center, 766 W. Andrew Johnson Hwy., Greeneville, TN, 37743 **(O,D,NS,H)**

THURSDAY

- NOON 1HR A New Way of Life, Prospect Center, 1425 East Center St, Kingsport, TN, 37664 (O,D,H,NT)
- **NOON 1HR Noon Day with Jimmy K.**, Johnson City Recovery Center, Plenty of street parking, 513 East Unaka Avenue, Johnson City, TN, 37601 **(O,D,H,NT)**
- **7:00PM 1HR Nothing to Fear**, By His Blood Ministries, 1104 Afton St, Johnson City, TN, 37601 **(O,LT,H,NT)**
- **7:00PM 1HR Primary Purpose**, Asbury United Methodist Church, 201 S Main St., Greeneville, TN, 37743 **(O,D,NT)**

- 7:00PM 1HR Right Foot Forward, Rogersville Presbyterian Church, 309 West Kyle Street, Rogersville, TN, 37857 (C,D,NS)
- **8:00PM 1HR A New Day**, St. Thomas Episcopal Church, 124 East Main St., Abingdon, VA, 24210 **(O,D,H,NT)**

FRIDAY

- 8:00AM 1HR Rise and Shine Morning Meditation, Johnson City Recovery Center, Plenty of street parking, 513 East Unaka Avenue, Johnson City, TN, 37601 (O,D,ME,H,NT)
- 5:30PM 1HR Friends of Jimmy K., Johnson City Recovery Center, Plenty of street parking, 513 East Unaka Avenue, Johnson City, TN, 37601 (BK,H,NT)
- **7:00PM 1HR Miracles Happen**, First Presbyterian Church, 105 S. Boone St., Johnson City, TN, 37604 **(O,CL,H,SP,NT)** *Meeting entrance in rear of church, park inside gated lot*
- **7:00PM 1HR Recovering Spirituality**, First Presbyterian Church, 119 West F Street, Elizabethton, TN, 37643 (**0,D,NS,H**)
- 7:00PM 1HR Surrender to Win, Real Life Church, 1317 Weaver Pike, Bristol, TN, 37620 (O,H,NT) * New Meeting *

SATURDAY

- 7:00PM 1HR A New Way of Life, Prospect Center, 1425 East Center Street, Kingsport, TN, 37664 (O,H,NT)
- 7:00PM 1HR Hawkins County Hope Dealers, Shepherd's Center Annex, 110 North Brownlow St., Rogersville, TN, 37857 (O,D,NT) Meets ONLY on 2nd & 4th Saturdays of each Month
- 7:00PM 1HR Miracles Happen, First Presbyterian Church, 105 S. Boone St., Johnson City, TN, 37604 (O,LT,H,NT) Meeting entrance in rear of church, park inside gated lot
- 8:00PM 1HR A New Day, St. Thomas Epicopal Church, 124 East Main Street, Abingdon, VA, 24210 (O,H,NT)

MEETING FORMAT LEGEND				
BK	Book Study	С	Closed	
CL	Candlelight	D	Discussion	
Н	Handicapped accessible	IP	Informational Pamphlet	
LT	Literature study	ME	Meditation	
NS	No Smoking	NT	No Tobacco	
0	Open	SP	Spiritual Principle	
St	Step	W	Women	

HELPLINES	
Mountain Area - SW VA & NE TN	(423) 302-0494
Tennessee - Entire State	(901) 350-5030
Virginia - Entire State	(800) 777-1515
Tennessee - Entire State	(901) 350-5030

SERVICE OPPORTUNITIES

The Mountain Area Service Committee (MASC) meets on the 3rd Sunday of each month at various rotating group locations. From 1:00 - 3:00 pm is an excellent time for new NA members to learn more about opportunities for service in one of our subcommittees: Activities 1:00pm, Public Relations 1:30pm, or Hospitals & Institutions 2:00pm. At 3:00 pm the MASC meeting begins. Arrive a little early if you are a new Group Service Representative to receive a GSR package and get your group registered. Check the website for the location of the next MASC meeting.

Our message is that an addict, any addict, can stop using drugs, lose the desire to use, and find a new way to live. Our message is hope and the promise of freedom. Basic Text, page 65

Narcotics Anonymous offers only one promise and that is freedom from active addiction, the solution that eluded us for so long. We will be freed from our self-made prisons. Basic Text, page 102

PHONE NUMBERS

Narcotics Anonymous

Serving Southwest VA & Northeast TN

Meeting Schedule

MAY 2024



34 Weekly Meetings

"That no addict seeking recovery need ever die"

www.mountain-na.org

Mountain Area Helpline (423) 302-0494

Find meetings anywhere, anytime right from your phone with the BMLT App

