

***All meetings are Open and In-person unless stated otherwise; Online virtual meetings available 24/7 @ na.org**

SUNDAY

7:00PM 1HR End of the Road, Covenant Presbyterian Church, 603 Sunset Drive, Johnson City, TN, 37604 **(O,D,H,NT)**

7:00PM 1HR Faith in Recovery, First Presbyterian Church, Lower level, rear of church, 274 Jones Street, Gate City, VA, 24251 **(O,H,NT)**

7:00PM 1HR Primary Purpose, Asbury United Methodist Church, 201 S Main St., Greeneville, TN, 37743 **(O,NT)**

8:00PM 1HR Marion Survivors, Royal Oak Presbyterian Church, 139 W. Main St., Marion, VA, 24354 **(O,H,NT)**

MONDAY

6:00PM 1HR Miracle Valley Fellowship, Full Gospel Temple, 333 Miracle Valley Rd, Richlands, VA, 24641 **(O,LT,H,NT)**

7:00PM 1HR Miracles Happen, First Presbyterian Church, 105 S. Boone St., Johnson City, TN, 37604 **(O,LT,H,NT)** *Meeting entrance in rear of church, park inside gated lot*

7:00PM 1HR Serenity Sisters, Boones Creek Christian Church, 305 Christian Church Rd., Boones Creek, TN, 37615 **(O,W,H,SP,NT)** *Women's Meeting*

7:00PM 1HR Surrender to Win, First Methodist Church, 322 Vance Dr, Bristol, TN, 37620 **(O,St,H,NT)**

8:00PM 1.5HR Easy Does It, First United Methodist Church, Rear parking lot, 121 E. Meeting St, Dandridge, TN, 37725 **(O,IW,H)**

TUESDAY

NOON 1HR Literature Study Group, Asbury United Methodist Church, 2nd Floor, 201 S Main St, Greeneville, TN, 37743 **(O,LT,NT)**

NOON 1HR Noon Day with Jimmy K., Johnson City Recovery Center, Plenty of street parking, 513 East Unaka Avenue, Johnson City, TN, 37601 **(O,D,H,NT)**

7:00PM 1HR A New Way of Life, Prospect Center, 1425 East Center Street, Kingsport, TN, 37664 **(O,H,NT)**

7:00PM 1HR Nothing to Fear, By His Blood Ministries, 1104 Afton St, Johnson City, TN, 37601 **(O,D,H,NT)**

7:00PM 1HR Primary Purpose, Asbury United Methodist Church, 201 S Main St., Greeneville, TN, 37743 **(O,NT)**

7:00PM 1HR Recovering Spirituality, First Presbyterian Church, 119 West F Street, Elizabethton, TN, 37643 **(O,NS,LT,H)**

8:00PM 1HR A New Day, St. Thomas Episcopal Church, 124 East Main Street, Abingdon, VA, 24210 **(O,BT,H,NT)**

8:00PM 1HR Between the Lakes, Emmanuel Baptist Church, 1916 Overlook Dr, Jefferson City, TN, 37760 **(O,D,H)**

WEDNESDAY

8:00AM 1HR Rise and Shine Morning Meditation, Johnson City Recovery Center, Plenty of street parking, 513 East Unaka Avenue, Johnson City, TN, 37601 **(O,D,ME,H,NT)**

7:00PM 1HR End of the Road, Covenant Presbyterian Church, 603 Sunset Drive, Johnson City, TN, 37604 **(O,CL,H,SP,NT)**

8:00PM 1.5HR Easy Does It, First United Methodist Church, Rear parking lot, 121 E. Meeting St, Dandridge, TN, 37725 **(O,H,SPAD)**

THURSDAY

NOON 1HR A New Way of Life, Prospect Center, 1425 East Center St, Kingsport, TN, 37664 **(O,D,H,NT)**

NOON 1HR Noon Day with Jimmy K., Johnson City Recovery Center, Plenty of street parking, 513 East Unaka Avenue, Johnson City, TN, 37601 **(O,D,H,NT)**

7:00PM 1HR Nothing to Fear, By His Blood Ministries, 1104 Afton St, Johnson City, TN, 37601 **(O,LT,H,NT)**

7:00PM 1HR Primary Purpose, Asbury United Methodist Church, 201 S Main St., Greeneville, TN, 37743 **(O,D,NT)**

7:00PM 1HR Right Foot Forward, Rogersville Presbyterian Church, 309 West Kyle Street, Rogersville, TN, 37857 **(C,D,NS)**

8:00PM 1HR A New Day, St. Thomas Episcopal Church, 124 East Main St., Abingdon, VA, 24210 **(O,D,H,NT)**

8:00PM 1HR Between the Lakes, Emmanuel Baptist Church, 1916 Overlook Dr, Jefferson City, TN, 37760 **(O,BK,H)**

FRIDAY

8:00AM 1HR Rise and Shine Morning Meditation, Johnson City Recovery Center, Plenty of street parking, 513 East Unaka Avenue, Johnson City, TN, 37601 **(O,D,ME,H,NT)**

5:30PM 1HR Friends of Jimmy K., Johnson City Recovery Center, Plenty of street parking, 513 East Unaka Avenue, Johnson City, TN, 37601 **(O,H,NT,LC)**

7:00PM 1HR Miracles Happen, First Presbyterian Church, 105 S. Boone St., Johnson City, TN, 37604 **(O,CL,LT,H,NT)** *Meeting entrance in rear of church, park inside gated lot*

7:00PM 1HR Recovering Spirituality, First Presbyterian Church, 119 West F Street, Elizabethton, TN, 37643 **(O,D,NS,H)**

7:00PM 1HR Recovery is a Journey, Newport Church of God, Metal building behind church on Graham St., 407 Old Knoxville Hwy, Newport, TN, 37821 **(O,D,H,NT)**

7:00PM 1HR Surrender to Win, First Methodist Church, 322 Vance Dr, Bristol, TN, 37620 **(O,H,NT)**

SATURDAY

NOON 1HR Friends of Jimmy K., Johnson City Recovery Center, Plenty of street parking, 513 East Unaka Avenue, Johnson City, TN, 37601 **(O,BT,H,NT)**

NOON 1HR Surrender to Win, First Methodist Church, 322 Vance Dr, Bristol, TN, 37620 **(O,D,H,NT)**

7:00PM 1HR A New Way of Life, Prospect Center, 1425 East Center Street, Kingsport, TN, 37664 **(O,H,NT)**

7:00PM 1HR Hawkins County Hope Dealers, Veterans Center of East Tennessee, 105 W. McKinney Av, Rogersville, TN, 37857 **(O,D,NT)**

7:00PM 1HR Miracles Happen, First Presbyterian Church, 105 S. Boone St., Johnson City, TN, 37604 **(O,To,H,NT)** *Meeting entrance in rear of church, park inside gated lot*

8:00PM 1HR A New Day, St. Thomas Episcopal Church, 124 East Main Street, Abingdon, VA, 24210 **(O,H,NT)**

MEETING FORMAT LEGEND

BT	Basic Text	C	Closed
CL	Candlelight	D	Discussion
IW	It Works -How and Why	O	Open
To	Topic	W	Women
BK	Book Study	NS	No Smoking
ME	Meditation	LT	Literature study
H	Handicapped accessible	SP	Spiritual Principle
NT	No Tobacco	St	Step
LC	Living Clean	SPAD	A Spiritual Principle a Day

HELPLINES

Mountain Area - SW VA & NE TN 423.302.0494
Tennessee - Entire State 901.350.5030
Virginia - Entire State 800.777.1515

SERVICE OPPORTUNITIES

The Mountain Area Service Committee (MASC) meets on the 3rd Sunday of each month at various rotating group locations. From 1:00 - 3:00 pm is an excellent time for new NA members to learn more about opportunities for service in one of our subcommittees: Activities 1:00pm, Public Relations 1:30pm, or Hospitals & Institutions 2:00pm. At 3:00 pm the MASC meeting begins. Arrive a little early if you are a new Group Service Representative to receive a GSR package and get your group registered. Check the website for the location of the next MASC meeting.

Our message is that an addict, any addict, can stop using drugs, lose the desire to use, and find a new way to live. Our message is hope and the promise of freedom. *Basic Text, page 65*

Narcotics Anonymous offers only one promise and that is freedom from active addiction, the solution that eluded us for so long. We will be freed from our self-made prisons. *Basic Text, page 102*

PHONE NUMBERS

MOUNTAIN AREA of Narcotics Anonymous

Serving Southwest VA & Northeast TN

Meeting Schedule

APRIL 2025



39 Weekly Meetings

*"That no addict seeking recovery
need ever die"*

www.mountain-na.org

Mountain Area Helpline
(423) 302-0494

Find meetings anywhere, anytime
right from your phone
with the BMLT App

