

## M.A.N.A. A.S.C. MINUTES

**May 16, 2021**

The Mountain Area of Narcotics Anonymous Area Service Committee opened the meeting with a moment of silence, followed by the Serenity Prayer @ 3:00PM.

Our Mission Statement was read by Eddy G., followed by Phil reading the 12 Traditions and Sarah S. reading the 12 concepts.

**Chairperson:** Eddy G. [myfirstfish@gmail.com](mailto:myfirstfish@gmail.com)  
**Secretary:** Sarah S. [sashanks04@gmail.com](mailto:sashanks04@gmail.com)  
**RCM:** Greg V [gregjvogelsang@gmail.com](mailto:gregjvogelsang@gmail.com)

### ROLL CALL:

- |  |                                  |
|--|----------------------------------|
| 1. <b>A New Day Group</b> / John J. Abingdon, VA             | present with voting privileges   |
| 2. <b>A New Way of Life Group</b> / Ken B. Gate City, VA     | absent without voting privileges |
| 3. <b>I Can't, We Can</b> / Jeff P. Chilhowie, VA            | absent without voting privileges |
| 4. <b>Just for Today Group</b> / Johnny O. Elizabethton, TN  | present with voting privileges   |
| 5. <b>Miracles Happens Group</b> / Brian A Johnson City, TN  | absent with voting privileges    |
| 6. <b>Nothing to Fear Group</b> / Angela S. Johnson City, TN | present with voting privileges   |
| 7. <b>Primary Purpose Group</b> / Chris Greeneville, TN      | absent without voting privileges |
| 8. <b>Serenity Sisters Group</b> / Johna W. Johnson City, TN | present with voting privileges   |
| 9. <b>Surrender To Win Group</b> / Bristol, TN               | absent without voting privileges |

On May 16, 2021 there were 4 Group Service Representatives present, 5 groups with voting privileges. All GSRs present had voting privileges. Quorum was made at 4 of 5.

4 Group were absent. Area meeting had 13 people in attendance.

**New Groups:** End of the Road – Ryan C.

**Secretary's Report:** Sarah S. presented minutes with one proposal to amend "quorum at 5 of 9" to "quorum at 5 of 8".

Johna W moved to accept as amended.

Johnny O. seconded.

Passed 4-0-0

**Treasurer's Report:** Phil S. presented budget. (See Attachment)

Johna W. moved to accept as read.

John J. seconded.

Passed 4-0-0

**Literature Report:** Ben D. presented.

Angela S. moved to accept as read.

Johnny O. seconded.

Passed 4-0-0.

**RCM Report:** Greg V. presented. (See attached.)

## **Mountain Area of Narcotics Anonymous**

### **Sub-Committee Reports April 11, 2021**

#### **Activities**

Chair: Reggie

- No formal report.
- July 10<sup>th</sup> is Woods Party.
  - Take to home group to see if it is a home group function or area function.
    - Last year ASC paid for the facility.

#### **Hospitals & Institutions**

Chair: Eric S.

- Willow: doing well. They are allowing more than 2 panel members. Needs literature.
- Laurels: been going back in for 3 weeks. Working to make coed. Needs support. No literature.
- Turning Point: going good. We have all nights filled and a working schedule. Need literature.
- Eric S. fulfilled commitment as H & I chair and stepped down from position as of the May 16, 2021 meeting.
- Get with Eddy of questions during the time without a subcommittee chair.
- Motion for \$87.90 for literature.
  - Eric S moved.
  - Angela S. seconded

#### **Public Relations**

Chair: Reggie

- Several PR members from MANA attended the Regional PR workshop in Morristown yesterday (5/15/2021).
- We got several great ideas & are planning how to put in motion a stronger internet presence, strategically placed literature racks, and public presentations.
- Work continues on new website. Region will work on design & we will provide content.

- New schedules were printed.
  - Suggestions:
    - Enlarge found on Group Info
    - Add phone lines for All Colunteer Region Areas
  - We need to establish a budget.
  - We need to create guidelines for this subcommittee.
  - Volunteer Region gave us their PR Presentation Powerpoint file & Literature Display rack for us to use. Display rack will be stored in our storage shed.
  - Suggest meeting again within next couple of weeks with 7 days notice.
    - Will meet again on Friday, June 4<sup>th</sup> at 5:30 PM at the Miracles Happen location.
  - Ask home groups if they would like to donate a literature rack.

**Group Reports of the Mountain Area, Volunteer Region of Narcotics Anonymous**

March 14, 2021

- |   |   |
|---|---|
| <p>1. <b>A New Day</b><br/>         St. Thomas Episcopal Church<br/>         Abingdon, Virginia</p> | <p>GSR: N/A<br/>         Alt GSR: John J.<br/>         Secretary: Phil S.<br/>         Treasurer: Jeff P.</p> |
| <p>Beginning Balance: N/A<br/>         Contributions: N/A<br/>         Expenditures: \$9.02</p>     | <p>Attendance: 4-6<br/>         Prudent reserve: \$35.00<br/>         Area Donation: \$50.00</p>              |

Picnic June 12, 2021 at Shelter 4, Washing County Park. 19482 County Park Road, Abingdon, VA.

- |   |   |
|---|---|
| <p>2. <b>End of the Road</b><br/>         603 Sunset Dr.<br/>         Johnson City, TN</p>              | <p>GSR: Ryan C<br/>         Alt GSR: Tom B.<br/>         Secretary: Open<br/>         Treasurer: Bradley S.</p> |
| <p>Beginning Balance: \$0.00<br/>         Contributions: \$66.00<br/>         Expenditures: \$46.55</p> | <p>Attendance: 20<br/>         Prudent reserve: \$0.00<br/>         Area Donation: \$20.45</p>                  |

Wednesday @ 7:00PM: Spiritual principle, candlelight, open.  
 Sunday @ 7:00PM: Literature Study, Open.  
 Announcements: Need schedules and literature. Masks optional, provided by group.

- |  |   |
|--|---|
| <p>3. <b>Just for Today</b><br/>         210 S Hills Drive<br/>         Elizabethton, TN 37643</p> | <p>GSR: Johnny O.<br/>         Alt GSR: N/A<br/>         Secretary: N/A</p> |
|--|---|

Treasurer: N/A

Beginning Balance: \$503.85  
Contributions: \$0.00  
Expenditures: \$101.20

Attendance: 12  
Prudent reserve: \$150.00  
Area Donation: \$252.65

Our location is now 210 S. Hills Dr, Elizabethton, TN. 6-8 regular group members. Newcomers have been coming. We do an open meeting. Location is handicap accessible.

4. **Miracles Happen**

105 S. Boone Street  
Johnson City, TN 37604  
First Presbyterian Church (Basement/2<sup>nd</sup> Floor)

GSR: Brian A.  
Alt GSR: N/A  
Secretary: Eddy G.  
Treasurer: Reggie G.  
Proxy Vote: Reggie G.

Beginning Balance: \$0.00  
Contributions: \$330.00  
Expenditures: \$76.00

Attendance: 10-30  
Prudent reserve: \$0.00  
Area Donation: \$123.50

Had a literature order of \$103.53.

Meetings are going well. Mask is still required. We meet on Mondays, Fridays, and Saturdays @ 7:00PM.

5. **Nothing to Fear**

215 East Market Street  
Johnson City, TN 37601  
Munsey Annex Building

GSR: Angela S.  
Alt GSR: N/A  
Secretary: Sarah S.  
Treasurer: Jenora  
Proxy Vote: David

Beginning Balance: N/A  
Contributions: N/A  
Expenditures: \$67.50 for literature

Attendance: 10  
Prudent reserve: N/A  
Area Donation: \$76.00

Tuesday @ 7:00PM: Literature study (Living Clean)

Thursday @ 7:00PM

Masks are still required. Seating approximately 10-11 people. Open meeting.

6. **Serenity Sisters** (Women Oriented Group)  
110 Mary Street  
Boones Creek, TN

GSR: Johna W.  
Alt GSR: Chelsea D.  
Secretary: Leah R.  
Treasurer: Chelsea D.  
Proxy Vote: N/A

Beginning Balance:	\$0.00	Attendance:	10-15
Contributions:	\$0.00	Prudent reserve:	\$0.00
Expenditures:	\$51.22 for lit and rent	Area Donation:	\$47.27

Chelsea D. celebrates 5 years May 24<sup>th</sup>. Sarah S. is speaking.  
Meetings are every Monday at 7:00PM.  
Spiritual principles meeting.  
IP last Monday of the month.  
Masks are required.

### **OLD BUSINESS**

None

### **ELECTIONS & NOMINATIONS**

- Angela S is nominated for Activities Chair.
  - Nominated by Ryan C.
  - Seconded by Eddy G.
  - Position has been open for several months. Reggie G. has been filling in until nominee comes forth. Angela S is qualified, capable, and willing.
  - See service resume attached.
  - **Must go back to home groups.**
- Amy H. is nominated for Policy Chair.
  - Nominated by Greg V.
  - Seconded by Eddy G.
  - Position has been open (vacant) for several years. Amy is capable and willing to service.
  - See service resume attached.
  - **Must go back to home groups.**

### MANA ASC POSITIONS

Chairperson:	Eddy G.	Vice Chairperson:	Open
RCM:	Greg V.	Alternate RCM:	Open
Secretary:	Sarah S.	Alternate Secretary:	Open
Treasurer:	Phil S.	Alternate Treasurer:	Open
Literature:	Ben D.	Alternate Literature:	Open
H & I Chair:	Eric S. (until someone shows willingness)	H & I Vice Chair:	Open
PR:	Reggie	Alternate PR:	Open
Activities:	Reggie	Alternate Activities:	Open
Outreach:	Open	P&P:	Open

### OPEN FORUM

- Just for Today willing to host ASC.
- Greg V suggested we look at having subcommittee meetings prior to the 3<sup>rd</sup> Sunday. That way Area does not take an entire day.

### NEW BUSINESS

Eddy G: In looking at updated the website, looked at policy to post on the site and found grammatical errors. Appointing Amy as chair of an ad hoc policy committee for a month while awaiting votes of nomination for policy chair. Anyone interested in being involved with the ad hoc policy committee can contact Eddy at 828-989-4703.

Motion on the floor to move next meeting from June 20<sup>th</sup> to June 27<sup>th</sup> to accommodate Fathers' Day.  
Motion passed 4-0-0.

### The Next Area Meeting will be

June 27<sup>th</sup>, 2021 @ 3:00PM  
Just for Today  
210 S. Hills Dr.  
Elizabethton, TN

Miracles Happen will act as backup.

Angela S. moved to adjourn.

John seconded.

Closed with moment of silence and serenity prayer. Closing time not recorded.

### Addendum

This was not announced at the ASC meeting, but according to policy we are opening nominations for a speaker for VRC at the next meeting. Clean time requirements are 5 years for a speaker, 3 years for workshops, and 1 year to chair.

Date 5-2-2021

## VOLUNTEER REGION SERVICE COMMITTEE

### REGIONAL COMMITTEE MEMBER REPORT

#### A HYBRID MEETING

Meeting opened 9:30 am CST, adjourned 16:45 CST.  
Prayer, Concepts, and Purpose read. Chair welcomed and recognized visitors.

Roll Call - Administrative - Chair, present, Treasurer electronically. 4 positions vacant - Vice Chair, Secretary, Alternate Secretary, Alternate Treasurer.

Delegate Team - Regional Delegate, Regional Delegate Alternate, electronically present.

Subcommittees - Public Relations present, ITCC electronically, Policies and Procedures present, H&I not present, VRC 38 present, VRC 39 present, VRC 40 electronically, VRC Guidelines Adhoc present. Outreach - Vacant

Areas - Chattanooga, Greater Nashville combined with Middle Tennessee, Heart of Tennessee, Knoxville, Mid-West Tennessee, Mountain Area, West Tennessee, - present. Clarksville, area-not present, East TN Ridges of Recovery - present by proxy  
Quorum established - 7 of 8 groups present.

Previous Secretary Minutes approved. No questions

Chair report - Incomplete- Next In-between meeting to be held on 6-13-2021. A discussion was conducted on guidelines update for future VRC's.

Treasurer's report - Treasurer still locked out of online access to bank account.

Beginning Balance -	\$34,047.36
Bluehost - Debit card	-\$17.99
Deposit -	\$ 625.00
Deposit -	\$ 3492.97
Twillow - Debit card	-\$10.15
Deposit -	\$ 650.00
Balance -	\$38,787.19

#### ENDING REPORT

Beginning Balance -	\$38,787.19
Wrote Checks for -	\$ 641.00
Prudent Reserve -	\$ 5,000.00
PR Budget -	\$ 9,372.00 (2-year)
H&I Budget -	\$ 6,600.00 (2-year)
ITCC Budget -	\$ 1,174.00 (2-year)
VRC Fund -	\$14,000.00
Balance -	\$ 1,999.83

**NO FUNDS SENT to WSC**

## AREA Reports

Chattanooga Area is going strong 17 virtual meetings weekly, 28 in person.

Combining with the Alabama Area to try out PSA's together. Planning stages for "Surrender Under the Stars" event. 6/19/2021 Speaker Jam

Greater Nashville Middle Tennessee Area now combined as one area.

Heart of Tennessee Area working strong in the Public Relations and H&I training and giving workshops.

Knoxville Area is strong with H&I in the Centerpoint facility as well as the Knox County Jail Plans for Big Ridge Oct.15-17 2021.

Midwest Tennessee plans 3rd. Annual experience, strength, & hope event at Pinson Mounds Registration \$35. May 21,22,&23.

Mountain Area - More groups starting to re-open meetings, some times and locations have changed. Events coming up May15th Tri-Area PR Extravaganza with ETROR, & KANA in Morristown. June 12th annual picnic @ South Holston Lake shelter 4 Washington County VA. starts @ 11:00. July 10th Woods Party at the Laurels in Unicoi, Tn. starts @ 12:00.

East Tennessee Ridges of Recovery - May 1st Feed the Park Day was a success. Fundraiser t-shirts are now available to help support the Activities and PR sub-committees. May 15th we will be hosting the Tri-Area PR Extravaganza event at Fred Miller park in Morristown.

West Tennessee - Regional PR approved the bus advertisements in 5 city buses for a 4 month period. Flyers and registration forms will be available online at the Regional website for VRC 39 in Memphis this year.

Regional Delegate Report - A Zonal Facilitator position was open and Lindsey C. was nominated for the position. A proposal was put forth to have a Zonal Delegate should the body decide to have a smaller service structure serving the WSC in the future, nothing has been decided upon as of yet. The "Spiritual Principle A Day" book has a closing deadline of May 31st.

SZF - Southern Zonal Forum will have a full meeting in July, October meeting will be hybrid.

Policies and Procedures - meetings were held via zoom in March and April, next meeting June 6th @ 4:00pm CST.

Public Relations Report - PR noted sub committee agreed to fund PSA in Memphis Area buses, as well as set up a booth in Nashville 8/24 thru 8/27 for Public Relations.

PR also stated that a training workshop was held in Mississippi with good results.

Phone lines are in need of support.



VRC 39 - Will be held in Memphis as a hybrid convention the theme is "Recovery is a Full Contact, Lifelong Process. Flyers are available online. There is still a need to fill the Alt. Treasurer, and Alt. Secretary positions. VRC 39 needs to be updated to our website.

VRC 38 - returned all funds to Region.

VRC 40 - Ad hoc had very minimal progress, there will be a zoom meeting on 5/22/21 2:pm EST. to discuss guidelines.

Old Business - All 3 nominations passed election.

VRC 40 - Donald S.

Regional Delegate - Vince B.

Regional Delegate Alternate = Greg V.

Open Forum - Budgets should be for 1yr. not 2yrs.

Funding between cycles.

Co-Op voting & representation needs to go to policies and procedures for guidelines.

New Business - RCM's need to share with Areas and Groups the need to fill positions at the Regional level. Vice Chair, Alt. Treasurer, Alt. Secretary, Outreach Chair.

Next meeting August 1st. 2021, 9:30am CST

403 Hickerson Dr. Murfreesboro, TN.

Thank you for letting me be of service Greg V.

BEGINNING BALANCE	Month	\$1,134.34	YTD	\$911.49
<b>Group Donations</b>				
A New Day Group			\$102.00	
A New Way Of Life Group			\$40.00	
Recovery Roosters			\$50.00	
I Can't, We Can			\$0.00	
The End Of The Road			\$0.00	
Miracles Happen			\$272.25	
Nothing To Fear	\$90.55		\$208.36	
Primary Purpose			\$0.00	
Just For Today			\$50.00	
Serenity Sisters	\$16.50		\$45.75	
			\$0.00	
			\$0.00	
			\$0.00	
<b>Total Group Donations</b>	<b>\$107.05</b>		<b>\$768.36</b>	
<b>Other Receipts</b>				
Activities			\$0.00	
P I			\$0.00	
Misc			\$0.00	
Literature Sales	\$65.82		\$861.82	
<b>Total Other Receipts</b>	<b>\$65.82</b>		<b>\$861.82</b>	
<b>Total Receipts</b>		<b>\$172.87</b>		<b>\$1,630.18</b>
<b>SUBTOTAL</b>		<b>\$1,307.21</b>		<b>\$2,541.67</b>
<b>EXPENDITURES</b>				
<b>Secretary</b>				
Minutes			\$0.00	
(copies)			\$0.00	
(postage)			\$0.00	
(supplies)			\$0.00	
<b>Literature</b>				
H&I			\$0.00	
PR			\$0.00	
New Group Donation			\$0.00	
<b>H&amp;I</b>				
Learning Days			\$0.00	
<b>PR</b>				
Phoneline			\$0.00	
Meeting Schedules			\$34.36	
Posters			\$0.00	
Website			\$19.95	
Copies			\$0.00	
Misc.	\$50.00		\$50.00	
<b>RCM</b>				
Travel			\$0.00	
Copies			\$0.00	
<b>MANA LSC</b>				
			\$1,021.15	
Activities Seed			\$0.00	
Bank Charge			\$0.00	
Storage Unit	\$53.00		\$212.00	
PO Box Rental			\$0.00	
<b>VRSC Donation</b>	<b>\$250.00</b>		<b>\$250.00</b>	
<b>Total Expenditures</b>		<b>\$353.00</b>		<b>\$1,587.46</b>
<b>ENDING BALANCE</b>		<b>\$954.21</b>		<b>\$954.21</b>



MANA ASC SERVICE RESUME

Date received: 05-16-2021  
(please print legibly in ink)

Name: Amy H. Ponds Clean Date: 02-10-2016 Total Clean Time: 5y 3m  
Address: 213 Dennis Cove Rd Hampton, TN 37658  
Home Phone: Office/Mobile Phone: 423-557-3143 Fax:

Position Nominated for: Policy and Procedure Term of Commitment One (1) year

Nominated by: Second by:

Please list all group, area, regional and world service positions you have held within the past five years and approximate dates for each period of service: Group Services Representative, Miracles happen, 2016-2017 - Activities Chairperson, 2018-2018 - Activities chairperson, 2018-2019 - Home Group "A New Day Group" Treasurer, 2020-2021.

If you have not completed a term as a trusted servant or have been removed from a service position in the past five years, please explain:

What resources and experience (school, work, volunteer, etc.) do you believe you can bring to the position for which you have been nominated: I have experience in organization of policies and procedures during my employment and the healthcare field in which I was an active member holding a position for three years as PCT - decades of experiences, including.

Please include any other information which you consider relevant to your nomination: I have been an active participating member of MANA and quite knowledgeable in current policies and procedures and very open to change.

I have read the attached letter and am willing to make the necessary commitment as a trusted servant of the Mountain Area of Narcotics Anonymous, and if elected, pledge to perform the duties relative to my position to the best of my ability.

I understand that any committee or person handling any NA fund is completely accountable for these funds at all times. I furthermore understand that the MANA ASC has the authority to pursue legal action against any individual found misappropriating these funds.

Signed: Amy H. Ponds Date: 05-16-2021

MASC

Date Received: 5-16-21

~~VRSC~~ Service Resume

(Please print legibly in ink)

Name: Angela Steel Clean date: 7-8-19 Total Clean Time: 2 yrs

Address: 3123 Rocky Top Rd  
JE TN 37601

Home phone: (423) 900-3660 Office/Mobile phone: ( ) Fax: ( )

Position nominated for: Activities Chair Term of Commitment: 1 year

Nominated by: Ryan C Seconded by: \_\_\_\_\_

Please list all group, area, regional and world service positions you have held within the past five years and approximate dates for each period of service: GSR @ Nothing to Fear for over 1 year.

If you have not completed a term as a trusted servant or have been removed from a service position in the past five years, please explain: First time I was GSR, I relapsed and had to step down in 2019.

What resources and experience (school, work, volunteer, etc) do you believe you can bring to the position for which you have been nominated: Great customer relations aka people skills.

Please include any other information which you consider relevant to your nomination: I am honest, have an NA sponsor, sponsor women, attend meetings and area regularly.

*I have read the attached letter and am willing to make the necessary commitment as a trusted servant of the Volunteer Region of Narcotics Anonymous, and if elected, pledge to perform the duties relative to my position to the best of my ability.*

*I understand that any committee or person handling any NA funds is completely accountable for these funds at all times. I furthermore understand that the VRSC has the authority to pursue legal action against any individual found misappropriating these funds.*

Signed: Angela Steel

Date: 5-16-21

**Looking for Service Work Opportunities?**

**Interested in Carrying the Message?**

**Why not check out the H&I Subcommittee?**

**We carry the message to addicts who cannot attend regular meetings, and we would love to have you on our team!**

**Interested? Reach out to us by sending an email with your contact info to: [mountainhandi@gmail.com](mailto:mountainhandi@gmail.com) and we will schedule your orientation.**



**Hospitals & Institutions Subcommittee  
of Narcotics Anonymous**