

M.A.N.A. A.S.C. MINUTES

December 19, 2021

The Mountain Area of Narcotics Anonymous Area Service Committee opened the meeting with a moment of silence, followed by the Serenity Prayer @ 3:02PM.

Our Mission Statement was read by Eddy G., followed by Ashley V. reading the 12 Traditions and Stephanie M. reading the 12 concepts.

ADMINISTRATIVE COMMITTEE ROLL CALL:

Chairperson:	Eddy G.	Present
Vice Chair:	VACANT	
Secretary:	Sarah S.	Present
Alt. Secretary:	VACANT	
Treasurer:	Phil S.	Present
Alt. Treasurer:	VACANT	
RCM:	Greg V	Present
Alt. RCM:	Ryan C.	Present

GROUP ROLL CALL:

- | | |
|---|----------------------------------|
| 1. A New Day Group / John J. Abingdon, VA | present with voting privileges |
| 2. A New Way of Life Group / Ken B. Gate City, VA | absent without voting privileges |
| 3. I Can't, We Can / Jeff P. Chilhowie, VA | absent without voting privileges |
| 4. Just for Today Group / Johnny O. Elizabethton, TN | present with voting privileges |
| 5. Miracles Happens Group / Stephanie Johnson City, TN | present with voting privileges |
| 6. Nothing to Fear Group / Angela S. Johnson City, TN | present with voting privileges |
| 7. Primary Purpose Group / Greenville, TN | absent with voting privileges |
| 8. Serenity Sisters Group / Johna W. Johnson City, TN | present with voting privileges |
| 9. Surrender To Win Group / Bristol, TN | absent without voting privileges |
| 10. End of the Road / Ryan C. Johnson City, TN | present with voting privileges |
| 11. Renegades of Recovery / Mike F | absent without voting privileges |

On December 19, 2021 there were 6 Group Service Representatives present, 7 groups with voting privileges. Quorum was made at 6 of 7.

New Groups: Renegades for Recovery – Crystal F is GSR.
Meets at Royal Oak Presbyterian Church, 139 W. Main St, Marion VA
Sunday at 4:30PM
Open Discussion.
Agreed to 6 points
Voted in at 6 – 0 – 0.

SUBCOMMITTEE ROLL CALL:

- **Activities** Angela S. Present
- **H & I** VACANT Johna W. presented report
- **Literature** Ben D. Present
- **PR** Reggie Present
- **Policy** Amy Absent
- **Outreach** VACANT

REPORTS

Administrative Committee

Secretary's Report: Greg V. moved to waive reading of previous meeting's minutes.

Ashley V. seconded.

No Questions.

Passed 6-0-0

Treasurer's Report: Phil S. presented budget. (See Attachment)

John J. moved to accept as read.

Stephanie M. seconded.

Passed 6-0-0

Literature Report: Ben D. presented. (See attached.)

Vanessa moved to accept as read.

Ashley V. seconded.

Passed 6-0-0

RCM Report: Ryan C. presented. (See attached.)

- Callie G for Alt. Treasurer for VRC
 - To be voted on by home groups.
- Greg added that ETROR has received a nomination for RCM. So, they may become an Area at Region again soon.

Subcommittees

Activities

Chair: Angela S.

Vice Chair: Vacant

- Had a meeting on 12/11/21 at Pike House Coffee Company. Will be having a New Year's Eve Function on 12/31/21 from 8PM-12AM. Potluck – Speaker – Music.
- A non-official activity will be bowling at Holiday Lanes on the 1st and 3rd Tuesday.
- A couple of activities being planned for February & March.
- Rideshare for SHITLOTS (1/8/21). There will be a list of people with available seating.
- \$150 seed money for drinks & supplies.
- Next meeting is 1/16/22 at 1PM.

Hospitals & Institutions

Chair: VACANT
Vice Chair: Johna W.
Secretary: Josh
Lit. Coord: Ryan

- See attached

Public Relations

Chair: Reggie
Vice Chair: Greg V.

- Passing out meeting schedules for racks.
- Eddy: website currently being tracked by Google Analytics.

Policy

Chair: Amy P.
Vice Chair: VACANT

- No report.

GROUPS

1. A New Day	GSR:	John J	
St. Thomas Episcopal Church	Alt GSR:	N/A	
Abingdon, Virginia	Secretary:	Phil S.	
	Treasurer:	Donna S.	
Beginning Balance:	\$368.00	Attendance:	5-7
Contributions:	\$193.00	Prudent reserve:	\$35.00
Expenditures:	\$306.59	Area Donation:	\$100.00

- Donna S is the new treasurer.
- January 15th at 7PM: Saturday meeting will be restarting!
- January 15th: Phil S and Donna S will celebrate. Pizza and cake.

2. **Anonymous**
139 W. Main St.
Marion, VA

GSR: Crystal F.
Alt GSR: Brett W.
Secretary: Jennie B.
Treasurer: Crystal F.

Beginning Balance: \$33.00
Contributions: N/A
Expenditures: N/A

Attendance: 10
Prudent reserve: \$0.00
Area Donation: \$0.00

- Meetings are Sunday at 4:30PM. They are open.

3. **End of the Road**
603 Sunset Dr.
Johnson City, TN

GSR: Vanessa B
Alt GSR: Ryan C.
Secretary: Josh G.
Treasurer: Bradley S.

Beginning Balance: \$0.00
Contributions: \$140.00
Expenditures: \$70.00

Attendance: 10-20
Prudent reserve: \$50.00
Area Donation: \$70.00

- Wednesday at 7:00PM – Candlelight/Spiritual Principles
- Sunday at 7:00PM – Literature Study

4. **Just for Today**
210 S Hills Drive
Elizabethton, TN 37643

GSR: Johnny O.
Alt GSR: Steve B.
Secretary: Brittany
Treasurer: Steve W.
Proxy Vote: N/A

Beginning Balance: N/A
Contributions: N/A
Expenditures: N/A

Attendance: 15-20
Prudent reserve: \$50.00
Area Donation: \$100.00

- Just for Today of NA is growing as a group right now. Have taken on new members. We have started a new meeting on Thursday evening at 6:00PM at same location as Wednesday & Saturday meeting. We would like to invite anyone out to our meetings in Elizabethton. We can use any experience, strength, and hope to our group.

5. **Miracles Happen**

105 S. Boone Street
Johnson City, TN 37604
First Presbyterian Church (Basement/2nd Floor)

GSR: Brian A.
Alt GSR: Stephanie M.
Secretary: Brooke
Treasurer: Reggie G.
Proxy Vote: N/A

Beginning Balance:	\$0.00	Attendance:	20
Contributions:	\$304.00	Prudent Reserve:	\$0.00
Expenditures:	\$263.40	Area Donation:	\$60.00

- Stephanie M celebrating 2 years
- New Years Eve Shindig
- Robyn celebrating 12 years on January 21.

6. **Nothing to Fear**

215 East Market Street
Johnson City, TN 37601
Munsey Annex Building

GSR: Ashley V.
Alt GSR: N/A
Secretary: Sarah S.
Treasurer: Eric S.
Proxy Vote: N/A

Beginning Balance:	N/A	Attendance:	15-20
Contributions:	N/A	Prudent Reserve:	N/A
Expenses:	N/A	Area Donation:	\$122.05

- January 11th: Jenora celebrates 10 years. Eric S. celebrates 4 years.
- Tuesday: Lit Study 7-8PM
- Thursday: Chair person choice 7-8PM

7. **Serenity Sisters** (Women Oriented Group)

110 Mary Street
Johnson City, TN

GSR: Johna W.
Alt GSR: Chelsea D.
Secretary: Leah R.
Treasurer: Edith T.
Proxy Vote: N/A

Beginning Balance:	N/A	Attendance:	15-30
Contributions:	N/A	Rent:	N/A
Other Expenses:	N/A	Area Donation:	\$42.00

- January 17th: Johna is celebrating 2 years. Polina will be speaking.
- January 24th: Erin M is celebrating 4 years. Kim B will be speaking.
- Spiritual principle meeting. Last Monday of the month is literature study of Living Clean.

OPEN FORUM

- Rideshare available for SHITLOTS.
- Greg C. suggests having more groups meeting at same location. Each group would be its own but that would allow people to step in for another group at that location if needed due to illness, etc.
- Angela & Johna say their home groups are going to make flags for the capture the flag mentioned in November's ASC meeting.
- Johna asked about Serenity Sisters participating due to it being a women's meeting.
- Greg suggest having one flag for the whole area that just gets passed through all the groups as it is stolen.
- Eddy passed out a home group survey about MAT. (See attached.)
 - Ryan C. states same topic was brought up by Regional PR Subcommittee chair, Craig.

OLD BUSINESS

- Ryan C. nominated as RCM at last meeting. Votes went to home groups.
 - Passed 6 – 0 – 0

MANA ASC POSITIONS

Chairperson:	Eddy G.	Vice Chairperson:	Open
RCM:	Greg V.	Alternate RCM:	Ryan C
Secretary:	Sarah S.	Alternate Secretary:	Open
Treasurer:	Phil S.	Alternate Treasurer:	Open
Literature:	Ben D.	Alternate Literature:	Open
H & I Chair:	Open	H & I Vice Chair:	Johna W.
PR:	Reggie	Alternate PR:	Greg V.
Activities:	Angela	Alternate Activities:	Open
Outreach:	Open	P&P:	Amy

NOMINATIONS & ELECTIONS

- Johna W. is nominated as H&I Chair. (See attached)
 - Needs to go back to home groups.

NEW BUSINESS

- Donation of literature to Anonymous Group totaling \$46.60
 - Passed 6 – 0 – 0

The Next Area Meeting will be

January 16, 2021 @ 3:00PM
Subcommittees start at 1:00PM
Just for Today
210 S Hills Dr
Elizabethton, TN

Passed the basket for the hosting group.

Vanessa. moved to adjourn.

Ashley V. seconded.

Closed at 4:26PM.

FINANCIAL LEDGER

MOUNTAIN AREA of N.A.

November, 2021

BEGINNING BALANCE	Month	\$1,061.82	YTD	\$911.49
Group Donations				
A New Day Group	\$100.00		\$692.00	
A New Way Of Life Group			\$88.00	
End Of The Road	\$62.00		\$390.50	
I Can't, We Can			\$30.00	
Miracles Happen	\$37.50		\$846.79	
Nothing To Fear	\$74.75		\$592.61	
Primary Purpose	\$20.00		\$220.00	
Just For Today	\$200.00		\$654.65	
Serenity Sisters	\$78.25		\$278.04	
Faith And Recovery			\$30.00	
			\$0.00	
			\$0.00	
Total Group Donations	\$572.50		\$3,822.59	
Other Receipts				
Activities	\$324.59		\$453.38	
P I			\$0.00	
Misc			\$0.00	
Literature Sales	\$531.65		\$3,771.76	
Total Other Receipts	\$856.24		\$4,225.14	
Total Receipts		\$1,428.74		\$8,047.73
SUBTOTAL		\$2,490.56		\$8,959.22
EXPENDITURES				
Secretary				
Minutes			\$0.00	
(copies)	\$3.29		\$10.52	
(postage)			\$0.00	
(supplies)			\$0.00	
Literature				
H&I			\$0.00	
PR			\$0.00	
New Group Donation			\$0.00	
H&I				
Learning Days			\$0.00	
PR				
Phoneline			\$0.00	
Meeting Schedules			\$166.88	
Posters			\$0.00	
Website			\$19.95	
Copies			\$0.00	
Misc.			\$50.00	
RCM				
Travel			\$144.30	
Copies			\$0.00	
MANA LSC	\$890.74		\$5,285.04	
Activities Seed			\$300.00	
Bank Charge			\$0.00	
Storage Unit	\$53.00		\$583.00	
PO Box Rental			\$106.00	
VRSC Donation	\$1,000.00		\$1,750.00	
Total Expenditures		\$1,947.03		\$8,415.69
ENDING BALANCE		\$543.53		\$543.53

DATE	DESCRIPTION	CREDIT	DEBIT	BALANCE
1/1/2021	BALANCE FORWARD			\$145.43
1/15/2021	Proceeds - January Orders	\$302.55		\$447.98
1/26/2021	Proceeds - More January Orders	\$120.60		\$568.58
3/1/2021	Proceeds - Miracles Order	\$187.25		\$755.83
3/14/2021	Proceeds - March Orders	\$185.60		\$941.43
3/14/2021	Proceeds - H&I Literature	\$80.40		\$1,021.83
3/24/2021	NAWS - Literature Order		(\$1,021.15)	\$0.68
4/11/2021	Proceeds - April Orders	\$65.82		\$66.50
4/11/2021	Proceeds - H&I Literature	\$37.60		\$104.10
5/16/2021	Proceeds - May Orders	\$397.22		\$501.32
5/16/2021	Proceeds - H&I Literature	\$87.90		\$589.22
6/5/2021	NAWS - Literature Order		(\$568.94)	\$20.28
6/27/2021	Proceeds - June Orders	\$695.88		\$716.16
6/27/2021	Proceeds - H&I Literature	\$73.25		\$789.41
7/2/2021	NAWS - Literature Order		(\$786.60)	\$2.81
7/18/2021	Proceeds - July Orders	\$199.82		\$202.63
7/18/2021	Proceeds - H&I Literature	\$60.00		\$262.63
7/18/2021	Proceeds - PR Literature	\$200.70		\$463.33
8/15/2021	Proceeds - August Orders	\$373.88		\$837.21
8/15/2021	Proceeds - H&I Literature	\$60.00		\$897.21
8/25/2021	NAWS - Literature Order		(\$887.06)	\$10.15
9/19/2021	Proceeds - September Orders	\$500.89		\$511.04
9/19/2021	Proceeds - H&I Literature	\$60.00		\$571.04
9/25/2021	NAWS - Literature Order		(\$552.51)	\$18.53
10/17/2021	Proceeds - October Orders	\$210.60		\$229.13
10/17/2021	Proceeds - H&I Literature	\$60.00		\$289.13
10/17/2021	Proceeds - H&I Literature	\$91.72		\$380.85
10/17/2021	Proceeds - Literature Inventory Increase	\$200.00		\$580.85
11/4/2021	NAWS - Literature Order		(\$578.04)	\$2.81
11/21/2021	Proceeds - November Orders	\$531.65		\$534.46
11/21/2021	Proceeds - H&I Literature	\$108.08		\$642.54
11/21/2021	Proceeds - PR Literature	\$250.00		\$892.54
12/4/2021	NAWS - Literature Order		(\$890.74)	\$1.80
Totals	Year To Date	\$5,141.41	(\$5,285.04)	\$1.80

RCM Report to Mountain Area Service Committee

VRSC Meeting held 11/28/21

Trusted Servants

Position Filled By Attendance

Chair Dell H Present

Vice Chair Vacant N/A

Secretary Vacant (*Hannah M elected today and present*)

N/A

Alternate Secretary Vacant N/A

Treasurer Michelle W Absent with notice

Alternate Treasurer Vacant N/A

Regional Delegate Vince B Present

Alternate Regional Delegate Greg V Present

Areas

Area Representative Attendance

Chattanooga Area Julie H Present

Clarksville Area Tami L Present

Greater Middle Area Rudy C Present

Heart of Tennessee Jared L Present

Knoxville Area Sam D Present

Midwest TN Area Jesse O Present

Mountain Ryan C Present

West TN Area Lucy O Present

Subcommittees

Position Filled By Attendance

Public Relations Craig G Present

Hospitals & Institutions Jesse O Present

Outreach Vacant

Policy & Procedures Lucy O Present

Information Technology and

Communications Coordinator

Lucy O (filling in) Present

Volunteer Region Convention - 39 Leigh Ann Present

Volunteer Region Convention - 40 Craig G/ Donald Present

VRC Guidelines As Hoc Sam D Present

Reports

Treasurer Beginning Report (full report in Appendix B)

Ending Balance August 2021

\$28,280.93

Deposits August \$1,059.52

November \$1,535.94
Total Deposits
\$2,595.46
Debit card August \$20.07
VRSC Prudent Reserve
\$5,000.00
PR Budget \$5,285.00 \$4,087.00
H&I Budget \$3,300.00 \$3,300.00
ITCC Budget
\$1,174.00
VRC Convention Budget
\$14,000.00
Total
\$27,561.00
Beginning operating balance 11/28/2021 \$2,383.70

-Motion 812021-2: Hannah M. for VRSC Secretary-Passes

- Subcommittee Reports (all reports attached in Appendix C)

Position Report Highlights

Public Relations Present and report submitted – there are area PR Chairs so they do not have to be a committee of 1. They are having difficulty in having people participate. As the regional PR committee, we are to be a support. The biggest problem we have is internal PR. We are not doing a good job as NA members making sure addicts and newcomers know the 3rd tradition.

Hospitals & Institutions Present and report submitted – stepping down from position
Outreach N/A

Volunteer Region Convention - 39 Present and report submitted - what a great convention it was.

We had 122 the pre-registered and 152 full registration, so a total of 274. We sold 88 banquets (sell out first time in history in Memphis), sold 50 brunches. We made \$5700 at auction last night. Full report in February. We used \$5500 of what was available. We have the banner for region to take. We struggled with the recordings. We had all required equipment but believe it is outdated.

Volunteer Region Convention - 40 Present and report submitted – hotel recommendation: Embassy Suites Murfreesboro – no contract signed yet. If hotel approved, we would request \$5000 to put down deposit. All admin positions have been filled except Secretary. “Limitless Horizons” theme 11/25-11/27/2022. Logo contests. Can send email to enter logo contests vrc40chair@vrcna.org – more information in submitted report.

VRC Guidelines Ad hoc Present and report submitted - I have held two Zoom meetings but I am the only one in attendance. I have made it through some documents. Will send invite out the whole regional group, either (VRSCgroup@natennessee.org) or (allgroup@natennessee.org)

New Business

Motion #11/28/2021 - Motion submitted by Zonal and NE Area Secs: To approve Embassy Suites

a. Question/Discussion: Do you have a committee? Yes

b. If in motion, I will be yes - End of 18

c. Passed



Motion #11/28/2021 - Nomination, Callie G for Alternate Treasurer - Area Submitted Mountain Area Secs

a. Question/Discussion: Have you read over the guidelines? Yes

b. Sent back to area

Announcements

- The SCS is having a Spring Symposium the weekend of Feb 11-13th 2022 in Atlanta. Please send your email information to George@angpselectrical.com. Craig knows me... I have a flyer. On Friday we will be presenting to Professionals, RCD's and the Court System as well. It will be in person and online... (Hybrid Tuesday @ 7PM)

- WRC 40 pre-registration rate for SCS at WRC 39 gets you into a SCS drawing as well.

- WRC 40 logo contest - details in the report. Send to vc40chair@wrcna.org

- WRC 40 committee meeting is hybrid. So if anyone around the state would like to participate send email to vc40chair@wrcna.org Craig link info.

- The RCT is having WFE party starting at 6, speaker at 7, bingo, karaoke, meeting at midnight. Snacks and childcare. 2022 Sat: Wash Street/WuFrederick, TN (full details in RCT Area report)

Next WASC meeting

6 February 2022 5:30 AM CST - Zoom only

Items of note - Public Relations Chair Craig shared increased participation from members.

- Area PR chairs are asking for help please share available resources and support

- If you want Craig number ask Ryan C or Greg W

publicrelations@WAtennessee.org

- Clarksville is thinking about starting a bus campaign

Craig is participating in NE Zonal and picking up ideas from them regarding PR.

Date: 12-19-21

Any Trusted Servant Changes? []

**MOUNTAIN AREA OF NA
HOSPITALS & INSTITUTIONS SUBCOMMITTEE REPORT**

Chair: _____ Phone: 423-268-6867
Vice-chair: Johna W Secretary: Josh G
Panel Coord: _____ Lit. Coord: Ryan C

Current meetings supported

1) Facility: Laurels Recovery City: VA
Day(s) & Frequency: Sat Time(s): 11-12
Panel Leader: Ben D
Panel Members: _____
Average Attendance per meeting: 5-11
Meeting Needs: Need literature

2) Facility: Willow Ridge City: NC
Day(s) & Frequency: Sunday Time(s): 7-8pm
Panel Leader: Erin Miller
Panel Members: NA Women
Average Attendance per meeting: 12-15
Meeting Needs: Meeting Schedules
Still zoom

Strong Futures first 3 last Thursday
2-5 Attendance!

Attach additional reports, information, or fliers

Date: _____

Any Trusted Servant Changes? []

3) Facility: Day Reporting Center City: JC
Day(s) & Frequency: Thursday Time(s): 4pm
Panel Leader: Eddie G
Panel Members: 0 Certified NA members
Average Attendance per meeting: 4-5
Meeting Needs: _____

4) Facility: Turning Point City: JC
Day(s) & Frequency: Wed Time(s): 6pm
Panel Leader: Reggie
Panel Members: Reggie, Eric, Eddie, Johnny
Average Attendance per meeting: _____
Meeting Needs: _____

Woodridge - Sat 11pm 11-15 attend

How can MASC support you better? NA

We will be having a H3E Service day in February

Next Subcommittee Meeting Date: _____ Time: _____

Location: Next Area Meeting

Attach additional reports, information, or fliers

M.A.N.A. A.S.C.
NOMINATION FORM

Date: 12-19-21

Submitted By:

Name: End of Road - Vanessa B
Second's Name: Nothing to Fear - Ashley V
Nominee's Name: John W
Position: H + I Chair

Resources and Experiences:

H + I Chair of Mountain Area has been open
since June 2021. As Vice Chair, John has
been keeping H + I subcommittee functioning for the
last 6 months. During that time, H + I policy has
been updated and new facilities are being served.

Resume' Attached

M.A.N.A.A.S.C. SERVICE RESUME'

Current as of Nov. 18, 2007

(Please Print Legibly)

Date Received: 12-19-21

Name: Johna Williams

Clean Date: 1-16-20

Address: 105 new st Apt #1
Jonesborough, TN 37659

Total Clean Time: 2 years

E-Mail: Wjohna84@gmail.com

Home # _____

Cell # 423-268-6867

Work # 423-391-1718

Position Nominated for: _____ Terms of Commitment: _____

Nominated By: Kanessa B
Angela S Seconded By: Ashley V
Erin M.

* If you have recently moved to this Area and want to do service, please provide contacts from your previous Area and or Region as a reference to your past service commitments:

References: _____

Phone and or E-Mail: _____

* Please list all groups, area, region and world service positions you have held and approximate dates for each period of service.

GSR for Serenty Sisters for over 1 year
Held panel lead position for H3I willow
Kidge for over 1 year
Have held vice chair for H3I Subcommittee
for over 6 months

* If you have not completed a term as a Trusted Servant or been removed from a Service Position, please explain:

NA

* What resources and experience (school, work, volunteer, etc.) do you believe you can bring to this position for which you have been nominated:

I have experience being Vice Chair and acting Chair for last 6 months
I can bring the resources of open-mindedness, willingness, compassion and God Consciousness

* Please include any other information which you consider relevant to your nomination:

I have the willingness to serve and will follow traditions and service concepts

* I have read the attached letter and am willing to make the necessary commitment as a Trusted Servant of the Mountain Area of Narcotics Anonymous, and if elected, pledge to perform the duties relative to my position to the best of my ability.

* I understand that any committee or person handling any N.A. funds is completely accountable for these funds at all times. I furthermore understand that the M.A.N.A.A.S.C. Has the authority to pursue legal action against any individual found misappropriating these funds.

Signed: Jahna Williams

Date: 12-19-21

Medication Assisted Treatment (MAT) Home Group Survey

1. On a scale of 1 to 10, how informed is your group with Medication Assisted Treatment?
2. Are your group members aware that there are 5 medications commonly prescribed in MAT and some of them have no mood or mind-altering affects?
3. Would you describe your group as one that supports addicts on MAT who are seeking recovery?
4. How would your group respond to a newcomer, who openly admitted that they were taking medication as prescribed by a professional to assist with getting clean?
 - a. Would you allow them to share in your meeting?
 - b. Would you allow them to join your home group?
 - c. Would you allow them to chair your meetings?
 - d. Would you allow them to pick up key tags and/or celebrate anniversaries, while participating in MAT?
5. Would your group treat addicts taking MAT as prescribed any differently than addicts taking medications as prescribed for anxiety, depression, or diabetes?
6. How would your group treat an addict who was prescribed THC for pain relief associated with treatment for cancer?

Medication Assisted Treatment is now the preferred method of treatment in treatment centers, and we need to decide how we are going to support (or not support) newcomers taking MAT as prescribed. We need a clear and consistent message to communicate to newcomers, treatment centers, prescribing doctors and the general public when we are asked questions like those above.

Do you think we need MASC workshop to educate ourselves on MAT and how to best respond to questions like those above?

Do you think we should reach out to treatment centers and let them know that their patients are welcome (or not welcome) in our meetings?

Do you think we should stop carrying the message to treatment centers that promote MAT?

Thanks for considering,
Eddy G. - MASC Chairperson