

**Mountain Area Service Committee**  
**November 19, 2023**  
**Friends of Jimmy K, Johnson City, TN**

The MASC meeting opened with a moment of silence, followed by the Serenity Prayer @ 3:00PM. Purpose & Function of MASC was read by Johna W., Cheryl A, read the 12 Traditions; Tommy G. read the 12 concepts.

**ROLL CALL**

**Administrative Committee**

**Chair: Johna W. - present**

Vice Chair: vacant

**Secretary: Angela S. - present**

**Alt. Secretary: Catherine P - present**

**Treasurer: Phil S. - present**

**Alt. Treasurer - Missy S. – present**

**Literature- Polina- present**

RCM – Eddy G.- absent

Alt. RCM – vacant

**Groups**

1. Anonymous / Marion, VA - Absent
2. **End of the Road / Johnson City, TN - present – Ryan C.**
3. Faith in Recovery / Gate City, VA - Absent
4. **Friends of Jimmy K. Group / Johnson City, TN - present – Terry F.**
5. Marion Survivors / Marion, VA - Absent
6. **Miracles Happens Group / Johnson City, TN - present - Fred**
7. **New Day Group / Abingdon, VA- present – Ben D.**
8. New Way of Life Group / Kingsport, TN- absent
9. **Nothing to Fear Group / Johnson City, TN - present – Chris M.**
10. **Primary Purpose Group / Greeneville, TN - present – Cheryl A.**
11. Right Foot Forward / Rogersville, TN - absent
12. **Rise and Shine Morning Meditation / Johnson City, TN – present- Tommy G.**
13. **Serenity Sisters Group / Johnson City, TN - present – Amanda B.**
14. Surrender to Win Group / Bristol, TN - Absent

New Groups: 0

Voting Groups counted: 8 Voting Groups present: 8 Quorum met: yes

**Subcommittees**

Activities: Present- Amanda B.

Hospitals & Institutions: Present- Vanessa

I.T.: Eddy G - Absent

Policy: Absent- Catherine P.

Public Relations: Present - Jamie Secretary

Outreach: Present- Missy – Secretary  
Ad hoc Committee: Present - Sarah M.

## REPORTS

### Administrative Committee

**Secretary:** Angela S.

Motion to waive reading of August minutes made by: Amanda B.

Seconded by: Vanessa Vote: Approved 8-0-0

Motion to accept August minutes by: Amanda Seconded by: Vanessa Vote: Approved 8-0-0

**Treasurer:** by Phil S. Updated MASC - Ledger enclosed

Amendments: none

Motion to Accept by: Amanda B. Seconded by: Ryan C. Vote: Approved 8-0-0

**Literature:** by Polina - Ledger enclosed with Treasurer's Report

Motion to Accept by: Amanda B. Seconded by: Cheryl A. Vote: Approved 8-0-0

**RCM:** Eddy G.

No report this month

### Subcommittees

Activities – Amanda B. - enclosed

Hospitals & Institutions – Vanessa - enclosed

IT- none given

Policy – Catherine P.- enclosed

Public Relations – Brooke - enclosed

Outreach – Reggie- enclosed

### Groups

New Day Group – Ben D.– enclosed

End of the Road – Ryan C. - enclosed

Friends of Jimmy K. – Terry F. - enclosed

Miracles Happen - Fred - enclosed

Nothing to Fear – Chris M. - enclosed

Primary Purpose - Cheryl - enclosed

Rise and Shine Morning Meditation – Tommy G.. - enclosed

Serenity Sisters – Amanda B. - enclosed

## OPEN FORUM

Catherine P was curious to hear from the convention sub-committee as to why they are not reporting to Area.

Sarah M stated research was done about being a part of or from area and was voted to run autonomous from area.

Phil asked where the area concention meetings were being held and if any positions had been filled.

Sarah M stated positions will not be filled till policy is done.

Polina mentioned doing a budget request for PR and H&I.

### **OLD BUSINESS**

Motion to dissolve literature subcommittee and add to administrative position carries 7 yes, 0 no, 1 abstain

Motion to amend policy to include Treasurer's responsibility to change debit card number yearly fails 4 yes, 3 no, 1 abstain

### **NEW BUSINESS**

PR requested \$80 for lit passes 8 yes, 0no, 0 abstain

H & I requesting \$100 seed money for activity passes 8 yes, 0 no, 0 abstain

Motion Attached: To amend policy to change debit card number whenever there is a change in people with access to the card or if the debit card number is compromised.

### **ELECTIONS & NOMINATIONS**

**Vice chair and Alternate RCM are both vacant if anyone has any willingness.**

#### **7th Tradition**

Basket was passed to collect funds for MASC meeting rent and supplies. Funds given to Friends of Jimmy K \$12.00.

### **NEXT MEETING**

December 17, 2023 @ 3:00pm; Subcommittees at 1:00pm

Location: Miracles Happen Johnson City, TN

Motion to Close by: Amanda B. Seconded by: Fred Vote: Approved 8-0-0 Closed with a moment of silence followed by Serenity Prayer @ 4:11 pm

<b>BEGINNING BALANCE</b>	Month	<b>\$1,930.24</b>	YTD	<b>\$3,366.26</b>
<b>Group Donations</b>				
A New Day Group	\$215.00		\$534.25	
A New Way of Life			\$175.00	
Anonymous Group			\$0.00	
Friends Of Jimmy K	\$43.00		\$249.00	
Faith and Recovery			\$60.00	
Miracles Happen	\$125.00		\$542.80	
Nothing To Fear			\$257.50	
Primary Purpose			\$124.60	
Right Foot Forward			\$60.00	
Serenity Sisters	\$20.00		\$84.25	
The End Of The Road	\$38.00		\$182.00	
Rise And Shine	\$68.10		\$106.11	
			\$0.00	
<b>Total Group Donations</b>	<b>\$509.10</b>		<b>\$2,375.51</b>	
<b>Other Receipts</b>				
Activities			\$713.00	
P I			\$0.00	
Misc			\$0.00	
Literature Sales	\$535.50		\$2,336.89	
<b>Total Other Receipts</b>	<b>\$535.50</b>		<b>\$3,049.89</b>	
<b>Total Receipts</b>		<b>\$1,044.60</b>		<b>\$5,425.40</b>
<b>SUBTOTAL</b>		<b>\$2,974.84</b>		<b>\$8,791.66</b>
<b>EXPENDITURES</b>				
<b>Secretary</b>				
Minutes			\$0.00	
Copies			\$0.00	
Postage	\$8.75		\$8.75	
Supplies			\$0.00	
<b>Outreach</b>				
Treasurer Expenses			\$100.00	
Software			\$0.00	
Tax Exempt Filing	\$275.00		\$163.76	
<b>H&amp;I</b>			\$275.00	
Learning Days			\$0.00	
<b>PR</b>				
Phoneline			\$0.00	
Meeting Schedules	\$42.17		\$168.68	
Posters			\$0.00	
Website	\$15.99		\$96.95	
Copies			\$0.00	
Misc.			\$200.00	
<b>RCM</b>				
Travel			\$0.00	
Copies			\$0.00	
<b>MANA LSC</b>	\$627.06		\$4,127.65	
Activities	\$250.00		\$700.00	
Bank Charge			\$0.00	
Storage Unit	\$65.00		\$260.00	
PO Box Rental			\$0.00	
<b>VRSC Donation</b>			\$1,000.00	
<b>Total Expenditures</b>		<b>\$1,283.97</b>		<b>\$7,100.79</b>
<b>ENDING BALANCE</b>		<b>\$1,690.87</b>		<b>\$1,690.87</b>

\$890.87 After Region Donation

# MOUNTAIN AREA NARCOTICS ANONYM

## MANA Checking Acct \*8220

AVAILABLE BALANCE  
\$1,625.87

PROJECTED AVAILABLE BALANCE  
\$1,625.87

POSTED BALANCE  
\$1,625.87

TOTAL OFFERS  
24

EARNED OFFERS  
\$0.00

### Activity [Statements & Docs](#)

#### Search Description

[Expand Search Options](#)

#### Pending Activity

Status	Type	Description	Amount	<u>Projected Balance</u>
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*No transaction history records were found.*

#### Posted Activity

Date	Type	Description	Amount	<u>Posted Balance</u>
11/2/2023	Card Purchase	Py Mini Mall Storage	-\$65.00	\$1,625.87
10/24/2023	Debit	Bluehost.com	-\$15.99	\$1,690.87
10/23/2023	Card Purchase	Nawschatsworth	-\$627.06	\$1,706.86

DATE	DESCRIPTION	CREDIT	DEBIT	BALANCE
7/1/2023	BALANCE FORWARD			\$1,145.08
7/6/2023	Order - NAWS		(\$1,144.67)	\$0.41
7/16/2023	Proceeds - July Orders	\$585.48		\$585.89
7/16/2023	Proceeds - H&I Literature	\$119.40		\$705.29
7/29/2023	Order - NAWS		(\$704.77)	\$0.52
8/20/2023	Proceeds - August Orders	\$698.47		\$698.99
8/20/2023	Proceeds - H&I Literature	\$119.40		\$818.39
8/20/2023	Proceeds - Rise And Shine Literature	\$50.64		\$869.03
8/28/2023	Order - NAWS		(\$867.01)	\$2.02
9/17/2023	Proceeds - September Orders	\$517.44		\$519.46
9/17/2023	Proceeds - H&I Literature	\$107.60		\$627.06
9/17/2023	Proceeds - PR Literature	\$140.00		\$767.06
9/20/2023	Order - NAWS		(\$766.94)	\$0.12
9/25/2023	Order - NAWS		(\$17.20)	(\$17.08)
10/15/2023	Proceeds - October Orders	\$535.50		\$518.42
10/15/2023	Proceeds - H&I Literature	\$119.35		\$637.77
10/20/2023	Order - NAWS		(\$627.06)	\$10.71
Totals	Fiscal Year To Date 7/2023 To 6/2024	\$2,993.28	(\$4,127.65)	\$10.71

### MOUNTAIN AREA OF NA SUBCOMMITTEE REPORT

Subcommittee: Activities Date: 11/19/23  
 Chair: Amanda B Phone: 423 276 4706  
 Vice-chair: Jamie P Secretary: Terry F

News and Announcements: We turned in \$321 to area from Halloween/Thanksgiving. We had \$120+ at the Thanksgiving dinner. Our next function will be Marathon meetings for New Years. Ryan C is checking on availability for End of the Road facility, we will start at 9pm and end at 1am. See Amanda B or Jamie P if you have willingness to chair a meeting. We will work on a flyer. potluck snacks!  
 How can MASC support you better? \_\_\_\_\_

Next Meeting Date: 12/14/23 Time: 6pm

Location: Pike House Coffee

### MOUNTAIN AREA OF NA SUBCOMMITTEE REPORT

Subcommittee: H&I Date: 11/19/23  
Chair: Vanessa B. Phone: (423) 491-2013  
Vice-chair: Amanda B. Secretary: Vacant

News and Announcements: Cookie decorating workshop  
12/9/2023 2-4pm  
1109 Old Gray Station Rd.  
Johnson City, TN.

Discuss Adolescent facility

How can MASC support you better? Make clear standards  
of H&I policy

Next Meeting Date: 12/16/23 Time: Noon  
Location: Zoom



### MOUNTAIN AREA OF NA SUBCOMMITTEE REPORT

Subcommittee: Policies & Procedures Date: 11/19/23

Chair: Catherine P Phone: 423 609 8088

Vice-chair: vacant Secretary: vacant

News and Announcements: The special meeting to discuss changes to the financial guidelines took place 11/12. There were only 2 in attendance. New verbiage is being drafted but is not being put forth today. There will be one more meeting where all are invited to bring ideas before it is put forth as a motion, on 12/9.

How can MASC support you better? Feedback on new financial guidelines please

Next Meeting Date: 12/9/23 Time: noon

Location: Virtual - Zoom ID will be posted on website

### MOUNTAIN AREA OF NA SUBCOMMITTEE REPORT

Subcommittee: Public Relations Date: 11-19-23  
Chair: \_\_\_\_\_ Phone: 423-833-1456  
Vice-chair: Brooke B. Secretary: Jamie P.

News and Announcements: PR has attended 2 events in Greene Co. over the last month. PR provided NA IP's to NA member directing "How to Be a Respectable Junkie" for potential interactions with attendees over the course of 3 nights. Looking for an opportunity to be present at one more event before the ~~rest~~ end of the year.

How can MASC support you better? Contact me with any potential tabling opportunities (or any activity appropriate for NA's presence)

Next Meeting Date: 12-17-23 Time: 1:30 pm  
Location: TBD

### MOUNTAIN AREA OF NA SUBCOMMITTEE REPORT

Subcommittee: Outreach Date: 11-19-23

Chair: Reggie Phone: 423 773-0749

Vice-chair: \_\_\_\_\_ Secretary: Misty

News and Announcements: Postcard Day and Welcome  
distribution day was cancelled on  
11-11-23, for the Abington community.  
Members from Abington Homegroup decided  
to put on a postcard day themselves, to better  
target specific locations, so today I  
gave out postcards and Welcome to Ben and Phil  
outreach doesn't have any events planned

How can MASC support you better? Willingness to serve  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Next Meeting Date: 12-17-23 Time: \_\_\_\_\_

Location: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

### MOUNTAIN AREA OF NA GROUP REPORT

Group Name: End of the Road Date: 11/19/23

GSR: Lexee Alternate: Vacant

Secretary: Tater Treasurer: Bradley S

Proxy Rep.: Ryan Average Meeting Attendance: 25

Treasury Report

Beginning Balance: 0

Contributions: 177.00

Rent: 50.00

Other Expenses: 86.00

Area Donation: 41.00

Balance (reserve): 0

Group News and Announcements

Wed 7:00 PM - SP, candlelight

Sun 7:00 PM - literature study

How can MASC support you better? We are good currently

Changes? Time(s): NA Day(s): \_\_\_\_\_

Location: 603 Sunset Drive (Covenant Pres)  
Johnson City, TN 37601

Format: \_\_\_\_\_

### MOUNTAIN AREA OF NA GROUP REPORT

Group Name: Friends of Jimmy K. Date: 11/19/23  
 GSR: Dottie G. Alternate: Terry F.  
 Secretary: Catherine ← Treasurer: Eddy G.  
 Proxy Rep.: \_\_\_\_\_ Average Meeting Attendance: 10-20

Treasury Report

Beginning Balance: \_\_\_\_\_  
 Contributions: \_\_\_\_\_  
 Rent: \_\_\_\_\_  
 Other Expenses: \_\_\_\_\_  
 Area Donation: ~~6000~~ \$59.24  
 Balance (reserve): \_\_\_\_\_

#### Group News and Announcements

None

How can MASC support you better? \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

Changes? Time(s): \_\_\_\_\_ Day(s): \_\_\_\_\_

Location: \_\_\_\_\_

Format: \_\_\_\_\_

### MOUNTAIN AREA OF NA GROUP REPORT

Group Name: Miracles Happen Date: 11-19-23

GSR: Fred H. Alternate: Jeremy B.

Secretary: Brooke B. Treasurer: Reggie G.

Proxy Rep.: Reggie G. Average Meeting Attendance: 3-103

Treasury Report	Beginning Balance:	<u>0</u>
	Contributions:	<u>501<sup>00</sup></u>
	Rent:	<u>76<sup>00</sup></u>
	Other Expenses:	<u>424<sup>00</sup></u>
	Area Donation:	<u>0</u>
	Balance (reserve):	<u>0</u>

#### Group News and Announcements

Dec. 22 - Fred H. celebrating 1 yr.

Dec. 9 - Looking for alternate meeting location

\_\_\_\_\_

\_\_\_\_\_

How can MASC support you better? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Changes? Time(s): 7:00 pm Day(s): Mon., Fri., Sat

Location: First Presbyterian Church

105 S. Boone St. Johnson City

Format: Various

## Group Report Form

Group Name A New Day

Location 124 E. Main St.; Abingdon, Va. 24210

Date Submitted 11/9/23

GSR Ben D. Trusted Servants  
Alt GSR Courtney C.

Secretary Phil S. Treasurer ~~Phil S.~~ Donna S.

Proxy vote Phil S.

Beginning balance \$85.00 Treasury Report  
Attendance 10

Contributions \$372.61 Prudent Reserve \$35.00

Expenditures \$76.00 Area Donation \$100.00

Balance \$381.61

### Meetings and Announcements

We meet on Tuesday, Thursday, Saturday  
nights at 8:00 PM; Tuesday night is book  
study and we are currently reading out of  
the ~~Basic Text~~

Send minutes to: \_\_\_\_\_

E-mail benfranklin1785@comcast.net

### MOUNTAIN AREA OF NA GROUP REPORT

Group Name: Nothing to Fear Date: 11/18/23

GSR: Chris M Alternate: Dylan P.

Secretary: Phillip T Treasurer: Marie R.

Proxy Rep.: \_\_\_\_\_ Average Meeting Attendance: 15-25

#### Treasury Report

Beginning Balance: \$185.35

Contributions: \$216.41

Rent: \$50<sup>00</sup> + Coffee Donation

Other Expenses: \$65<sup>00</sup>

Area Donation: \$137<sup>00</sup>

Balance (reserve): \$150<sup>00</sup> + 50<sup>00</sup> Prudent Reserve

#### Group News and Announcements

Sherry A. Celebrates 2 yrs on 11/30/23

How can MASC support you better? Need help looking for a larger facility

Changes? Time(s): \_\_\_\_\_ Day(s): \_\_\_\_\_

Location: 513 E Umken Ave

Format: \_\_\_\_\_



### MOUNTAIN AREA OF NA GROUP REPORT

Group Name: Primary Purpes Date: 11-19-23

GSR: Cheryl A Alternate: \_\_\_\_\_

Secretary: Dale Treasurer: Mikel

Proxy Rep.: \_\_\_\_\_ Average Meeting Attendance: 3-20

Treasury Report

Beginning Balance: \_\_\_\_\_

Contributions: \_\_\_\_\_

Rent: 100.00 2 months

Other Expenses: 102.00 - Literature

Area Donation: \$131.00

Balance (reserve): 0

Group News and Announcements

Last Sunday of month will be  
a candle light meeting starting Nov  
26.

How can MASC support you better? \_\_\_\_\_

Changes? Time(s): \_\_\_\_\_ Day(s): \_\_\_\_\_

Location: \_\_\_\_\_

Format: \_\_\_\_\_

### MOUNTAIN AREA OF NA GROUP REPORT

Group Name: Rise + Shine Date: 11/19/23

GSR: Tommy G. Alternate: \_\_\_\_\_

Secretary: \_\_\_\_\_ Treasurer: Angela

Proxy Rep.: Angela + Dave Average Meeting Attendance: 10

Treasury Report

Beginning Balance: 0

Contributions: \_\_\_\_\_

Rent: \_\_\_\_\_

Other Expenses: \_\_\_\_\_

Area Donation: \$144.91

Balance (reserve): 0

#### Group News and Announcements

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

How can MASC support you better?

\_\_\_\_\_

\_\_\_\_\_

Changes? Time(s): Wed + Fri 8:00 AM Day(s): \_\_\_\_\_

Location: Johnson City Recovery Center  
513 E. Unaka Ave.

Format: Meditation / Open Discussion

### MOUNTAIN AREA OF NA GROUP REPORT

Group Name: Serenity Sisters Date: 11/13/23

GSR: Amanda B Alternate: Johna W

Secretary: Leah L Treasurer: Chelsea D

Proxy Rep.: \_\_\_\_\_ Average Meeting Attendance: 15-30

Treasury Report

Beginning Balance: 0

Contributions: 160.31

Rent: \$30.00

Other Expenses: lit \$96.25

Area Donation: \$34.04

Balance (reserve): 0

Group News and Announcements

n/a

How can MASC support you better? n/a

Changes? Time(s): \_\_\_\_\_ Day(s): \_\_\_\_\_

Location: \_\_\_\_\_

Format: \_\_\_\_\_

Date Submitted: 10/15/23

### MOUNTAIN AREA SERVICE COMMITTEE MOTION FORM

Motion Maker: EDDY G., ~~SE~~

Seconded by: Tommy B., GSR of Rise & Shine Group

Motion: TO ELIMINATE LITERATURE SUBCOMMITTEE  
AND MAKE LITERATURE CHAIR A MEMBER OF  
THE MASC ADMINISTRATIVE COMMITTEE. AN  
ALTERNATE LITERATURE CHAIR POSITION WILL ALSO  
NEED TO BE CREATED.

IF MOTION PASSES THE POLICY SUBCOMMITTEE  
WILL CREATE GUIDELINES FOR THE NEW POSITIONS TO  
BE APPROVED NEXT MONTH

Intent: \_\_\_\_\_

TO ADJUST STRUCTURE TO REFLECT WHAT IS  
ALREADY HAPPENING. LITERATURE CHAIR IS ALREADY  
FUNCTIONING AS A MEMBER OF Admin rather than  
SUBCOMMITTEE.

Financial Impact: \_\_\_\_\_

Referred to Groups?  Tabled? \_\_\_\_\_ Amended? \_\_\_\_\_ Rescinded? \_\_\_\_\_

Date of Vote: 11/19/23 Quorum: \_\_\_\_\_ Yes: 7 No:  Abst: 1

Results Carried:  Failed: \_\_\_\_\_

Other: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

Date Submitted: 10/15/23

### MOUNTAIN AREA SERVICE COMMITTEE MOTION FORM

Motion Maker: Tommy G., of Rise + Shine

Seconded by: Ben D., GSR of A New Day Group

Motion: Motion to amend policy to include as one of the treasurer's responsibilities to change debit card number yearly.

Intent: To protect MANA funds.

Financial Impact: \_\_\_\_\_

Referred to Groups?  Tabled? \_\_\_\_\_ Amended? \_\_\_\_\_ Rescinded? \_\_\_\_\_

Date of Vote: 11/19/23 Quorum: \_\_\_\_\_ Yes: 4 No: 3 Abst: 1

Results Carried: \_\_\_\_\_ Failed:

Other: \_\_\_\_\_

Date Submitted: 11-19-23

### MOUNTAIN AREA SERVICE COMMITTEE MOTION FORM

Motion Maker: Polma K., of Serenity Sisters

Seconded by: Ben D., GSR of A New Day Group

Motion: PR needs \$80 worth of literature to fill 2 racks

Intent: To carry the NA message

Financial Impact: \$80

Referred to Groups? NO Tabled? \_\_\_\_\_ Amended? \_\_\_\_\_ Rescinded? \_\_\_\_\_

Date of Vote: 11/19/23 Quorum: \_\_\_\_\_ Yes: 8 No: 0 Abst: 0

Results Carried:  Failed: \_\_\_\_\_

Other: \_\_\_\_\_

Date Submitted: \_\_\_\_\_

### MOUNTAIN AREA SERVICE COMMITTEE MOTION FORM

Motion Maker: Vanessa B., of H31

Seconded by: Amanda B, GSR of Serenity Sisters Group

Motion: 100<sup>00</sup> seed money for  
Cookie decorating H&I workshop

Intent: Buy supplies / orientation / training  
workshop.

Financial Impact: 100<sup>00</sup>

Referred to Groups? \_\_\_\_\_ Tabled? \_\_\_\_\_ Amended? \_\_\_\_\_ Rescinded? \_\_\_\_\_

Date of Vote: 11/19/23 Quorum: \_\_\_\_\_ Yes: 8 No: 0 Abst: 0

Results Carried: ✓ Failed: \_\_\_\_\_

Other: \_\_\_\_\_

Date Submitted: \_\_\_\_\_

### MOUNTAIN AREA SERVICE COMMITTEE MOTION FORM

Motion Maker: Chris M, of Nothing to Fear

Seconded by: Fred H., GSR of Miracles Happen Group

Motion: To amend Policy to change  
Debit card number whenever there  
is a change in people with access  
to the card or if the debit card  
number is compromised.

Intent: To protect MANA Funds

Financial Impact: \_\_\_\_\_

Referred to Groups? yes Tabled? \_\_\_\_\_ Amended? \_\_\_\_\_ Rescinded? \_\_\_\_\_

Date of Vote: \_\_\_\_\_ Quorum: \_\_\_\_\_ Yes: \_\_\_\_\_ No: \_\_\_\_\_ Abst: \_\_\_\_\_

Results Carried: \_\_\_\_\_ Failed: \_\_\_\_\_

Other: \_\_\_\_\_